



الجامعة التكنولوجية - العراق

University of Technology - Iraq

Division of the Psychological Guidance and Educational Direction (DPGED)

Issue Information	
Issue Date	2018
Revision Date	May, 2024
Evaluation Frequency	Yearly
Level of Confidentiality	Public
Policy Approval Date	December 30, 2024

Division of the Psychological Guidance and Educational Direction (DPGED)

The **Division of the Psychological Guidance and Educational Direction (DPGED)** is a dedicated facility at the University of Technology in Iraq that focuses on providing professional psychological support and consultations to students, staff, and the wider community. Its primary mission is to promote mental well-being, address psychological challenges, and foster a supportive academic environment.

Key Objectives:

- Psychological Support:** Offering counseling sessions for individuals facing mental health issues such as anxiety, depression, or stress.
- Awareness Programs:** Conducting workshops and seminars to educate about mental health and its importance in daily life and academic success.
- Research and Development:** Facilitating studies and research projects on psychological topics to contribute to the academic field.
- Community Engagement:** Extending services beyond the university to support the broader community, encouraging mental health awareness in Iraq.

Services Offered:

- Individual and group therapy sessions.
- Stress management and coping strategies.
- Academic and career counseling.



الجامعة التكنولوجية - العراق

University of Technology - Iraq

- Crisis intervention and support during emergencies.

The center is staffed by qualified psychologists, counselors, and researchers committed to maintaining confidentiality and providing high-quality care. By creating a safe and welcoming space, the AAU Center plays a crucial role in improving the mental health of students and fostering a positive academic and personal experience at the University of Technology.